

2025 Vital Signs – Sources

p. 8 – The Disconnect: Barriers to Connection

- *Social connection linked to improved health and reduced risk of early death*, World Health Organization.
<https://www.who.int/news/item/30-06-2025-social-connection-linked-to-improved-health-and-reduced-risk-of-early-death>
- *Let's Talk about Placemaking*, Canadian Urban Institute.
<https://placemakingcommunity.ca/lets-talk-about-placemaking-2025/>
- *Social Infrastructure: Connecting People and Places for Healthy Communities*, Gehl - Making Cities for People.
https://issuu.com/gehlarchitects/docs/gehl_social_infrastructure_final_report
- *“Third places” as community builders*, The Brookings Institution.
<https://www.brookings.edu/articles/third-places-as-community-builders/>

p. 10 – People First Urban Design

- *Rethinking the design process*, Ottawa Business Journal.
<https://obj.ca/rethinking-design-process/>
- *Social values and social infrastructures: a multi-perspective approach to place*, Buildings & Cities. <https://journal-buildingscities.org/articles/10.5334/bc.341>
- *Community Benefits Framework*. Prince Edward County.
<https://thrivepec.ca/community-benefits-framework/>

p. 11 - Hubs, Havens and Hangouts

- *Havens, Hubs & Hangouts: Shaping and sustaining social infrastructure*. Gehl.
<https://www.gehlpeople.com/projects/social-infrastructure/>

p. 12 – Creating Inclusive Public Spaces: The Role of the Municipality

- *Prince Edward County ward map*, The Corporation of the County of Prince Edward.

p. 13 – Population Distribution and Mobility

- *Census of Population 2021*, Statistics Canada.
<https://www12.statcan.gc.ca/census-recensement/2021/dp-pd/prof/details/page.cfm?Lang=E&DGUIDlist=2021A00053513020&GENDERlist=1,2,3&STATISTIClist=1&HEADERlist=0>

- Internet access map: *National Broadband Data* <https://arcg.is/1ajzCX3>
- *Interactive map of population density and fixed transit routes*, Statistics Canada 2021 Census of Population and Quinte Transit. <https://arcg.is/1r1qjv1>
- *Prince Edward County Transportation Master Plan* https://www.thecounty.ca/wp-content/uploads/2022/09/PEC_TMP_Nov2021_Final.pdf
- *Millennium Trail*, Prince Edward County | Ontario Trails Council. <https://www.ontariotrails.on.ca/trail/millennium-trail-prince-edward-county>
- *Bike Friendly Routes*, Visit the County. <https://visitthecounty.com/cycling>

p. 14 – Population Distribution by Age

- *Map*: Statistics Canada 2021 Census of Population, Queen’s University.

p. 15 – Access to Primary Education

- *Map*, Statistics Canada Rural Data Viewer. <https://www150.statcan.gc.ca/n1/pub/71-607-x/71-607-x2021023-eng.htm>

Access to Childcare

- *Childcare statistics as of August 2025*. The HUB Child & Family Centre.
- *Map*: Statistics Canada Rural Data Viewer. <https://www150.statcan.gc.ca/n1/pub/71-607-x/71-607-x2021023-eng.htm>

p. 16 – Access to Cultural Centres

- *Open Database of Cultural & Arts Facilities*, Statistics Canada. <https://www.statcan.gc.ca/en/lode/databases/odcaf>
- *Mass Culture Arts Data Platform*. <https://massculture.ca/dna/access-the-arts-data-platform/>
- *Map*: Statistics Canada Rural Data Viewer. <https://www150.statcan.gc.ca/n1/pub/71-607-x/71-607-x2021023-eng.htm>
- *Interactive map*: Hopkins, G. (2024). Facility site points [Geodatabase]. The Corporation of the County of Prince Edward; Province of Ontario; TomTom; Garmin; SafeGraph; GeoTechnologies, Inc; METI/NASA; USGS; EPA; NPS; USDA; NRCan; Parks Canada. <https://arcg.is/Ofb1S0>

Access to Healthcare

- *Map: Rural Data Viewer*, Statistics Canada.
<https://www150.statcan.gc.ca/n1/pub/71-607-x/71-607-x2021023-eng.htm>
- *Interactive map: Ministry of Health Service Provider Locations*, Ontario GeoHub.
https://geohub.lio.gov.on.ca/datasets/e1e5983c59ff497baddf75f1d2bb4add_26/expire?location=43.969049%2C-77.227295%2C12.00

p. 17 – Access to Green Spaces and Recreation

- *Social Connection and Health*, MyHealthCommunity.org
https://myhealthmycommunity.org/wp-content/uploads/2019/05/MHMC_SocialConnections_web.pdf
- *Interactive map: Hopkins, G. (2024). Facility site points* [Geodatabase]. The Corporation of the County of Prince Edward; Province of Ontario; TomTom; Garmin; SafeGraph; GeoTechnologies, Inc; METI/NASA; USGS; EPA; NPS; USDA; NRCan; Parks Canada.
<https://arcg.is/Ofb1S0>
- *Parks and Recreation Master Plan*, Prince Edward County.
<https://princeedwardcounty.civicweb.net/FileStorage/1B903D7BB3C64220B40210ACD4210D0D-PEC%20PRMP%20Council%20Presentation%20May%2029%202025.pdf>

Acknowledgements

Accessibility Advisory Committee members

Community conversation participants in Picton, Wellington, Sophiasburgh, and Ameliasburgh, and survey respondents (58 in total)

Municipal GIS department – Grant Hopkins

Municipal Transportation department – Vincent de Tourdonnet

Housing department – Elis Ziegler

Sir Sanford Fleming Geomatics students

Christine Durant of Prince Edward Learning Centre, for the Community Benefits Network input

The County Foundation Vital Signs/Community Engagement Committee and Board members

Stacey Stanford of The Hub Child & Family Centre

Sam Branderhorst, Athol Ward Councillor

Bill Roberts, Sophiasburgh Ward Councillor

Kate MacNaughton, Picton Ward Councillor

Brad Nieman

Photo credits

Department of Illumination

Greater Than County Youth Collective

Prince Edward Affordable Housing Corporation

Prince Edward County Lions Club

Prince Edward County Pumpkinfest

Prince Edward Learning Centre

Recreation departments: Ameliasburgh, Athol, Bloomfield-Hallowell, Hillier, North Marysburgh, Sophiasburgh, South Marysburgh

The Prince Edward County Community Care for Seniors Association