



Vital Signs is a nationwide initiative led by Community Foundations of Canada.

Its purpose is to leverage local knowledge, measure the vitality of our communities, and support action towards improving our collective quality of life.




The full report is online at PECdata.ca



Prince Edward County's Vital Signs 2023 theme focuses specifically on inclusion, belonging, and the challenges of urbanization and preserving our sense of community, which are significant underlying concerns at this time.

As The County Foundation continues its journey of understanding and taking meaningful actions towards diversity, inclusion, and Truth and Reconciliation, our hope is that this report sparks meaningful conversations in the community.

 **Barriers to inclusion**

The report elevates the voices of groups facing greater barriers in terms of inclusion.



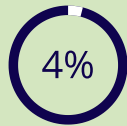
5,600 people living with disabilities *



3,500 people living on low-income *



1,600 people of racial and ethnic minorities *



1,000 people of gender and sexual diversity *

* numbers are approximate based on percentage of population

 **Rapid population change**

The pandemic hastened population changes, intensifying strains on our community.



77% increase in new residents (6,240 people) from 2016 to 2021.

There is also an increase in the number of people leaving the community (5,271).

 **Growing disconnect**

47% Nearly half of Canadians surveyed perceive their communities as more fractured than ever.

Prince Edward County is not exempt from the influences contributing to this growing disconnect.

 **The human need to connect**

3,055 people live alone 27% of households have one occupant. Loneliness is now considered a public health issue, affecting both mental and physical health.



Youth need to be heard. They want a say in how their future will unfold, and involvement in making it happen.

CALL TO ACTION

Together we can build a more inclusive community, a welcoming environment where everyone belongs! Each of us has the power to make a difference by ...

- ✓ **DISPLAYING KINDNESS** - small actions hold significant impact.
- ✓ **RAISING AWARENESS** by sharing this report.
- ✓ **EMBRACING DIVERSITY** - it strengthens us collectively.
- ✓ **CONNECTING**, particularly with those facing isolation or personal challenges.
- ✓ **ENGAGING** in shaping our community's destiny.
- ✓ **CONTRIBUTING** to a current fund that supports Vital Signs priorities.
- ✓ **CREATING A FUND** or making a bequest.



COMMUNITY SUPPORT RESOURCES



If you see your circumstances reflected in this report, the Community Support Resources Directory may help to connect you with valuable support and assistance. Find it online at PECdata.ca > Community

THE COUNTY FOUNDATION'S VISION

"Working together to build a place where everyone belongs and all can thrive."

Our **COMMUNITY GRANTS** program has successfully channeled over \$6.1 million in funding to various initiatives within our community since the Foundation's inception in 2008.

VITAL SIGNS data and reports inform decision-making related to community well-being.

COLLABORATIVE ACTION supports positive, community-led action. Our contributions have surpassed \$2.2 million to support these projects.

