

Well-being – Greater Than County Youth Collective

Program Name	Audience	Description	Service Provider
Accommodation		24 hour Supported Community Homes, Supported Independent Living, Associate Family Home, Young Adult Transition Home, Individualized Supports, Respite Services	Community Living Prince Edward
After School Makerclub	Ages 6+ Depending on program	Weekly after school program that introduces school aged youth to a variety of maker activities (i.e. mouse trap race cars), centered around creating and STEAM education	Prince Edward Public Library
Career Planning and Job Placement/ Employment	Ages 12-19	Work with youth to prepare them for employment based on their needs. Help with resumes and practice job interviews with students. Arrange monthly presentation of employment services to present/work with youth.	Quantum
Case Management	Ages 12-19	Accept up to 50 new youth a year, in 3 communities. Complete an intake package with youth and families, identify strengths and needs, develop a client centered plan. Provide supports and services based on the plan.	Quantum
Children, Youth & Family Counselling/ Treatment	Ages 0-18	Provide individual and/or family counselling services free of charge in PEC. Youth 12-18 can self-refer. Provide mental health and addiction services to children and youth. Intake done by phone, counsellors in Picton office deliver services. Services can be in office or when needed, in home. Anyone can refer by phone, through website/ Current walk in services available Wednesday 12-6 Belleville office. Pending walk-in Pilot as a result of youth requests to be held at the ROC. Stay tuned for dates and times.	Childrens Mental Health Services
Community Connect	Available to all participants at PELC	Case management for youth at risk of not completing high school outside the traditional system.	Prince Edward Learning Centre
Community Integration Through Co-operative Education (CICE)		The Community Integration Through Co-operative Education (CICE) program is designed for students with intellectual disabilities and other significant learning challenges interested in pursuing post-secondary education and experiencing College life. Through modified programming and field placement opportunities, this pathway program will help you develop skills that will prepare you to transition to volunteer or paid employment.	Loyalist College
Creative Kids	Ages 6+ Depending on program	Crafting programs where youth can try their hand at various crafting techniques to create items like fairy villages, turkey feather quills, wax seals, medieval scrolls and more. Mainly around holidays.	Prince Edward Public Library
FAM (Fix-A-Meal) Thursdays	Grades 7 – 8	An opportunity for youth to learn basic food preparation skills, nutritious meal selection, and grow their teamwork and collaboration skills. Family-style meals help provide a regular, consistent opportunity to create a shared experience that is meaningful and offers a sense of belonging to all.	ROC & Prince Edward County Youth Center
Family Support		Provide supports and services for families of children with intellectual disabilities living in PEC. Supports and services include: assisting with the development of Person Directed Plan; assisting with long term planning; providing service coordination and connecting with other community services; support with advocacy and facilitating inclusion; coordinating and/or attending case conferences; assisting with the transition to high school; assisting families to apply for and utilize Ministry funding and develop respite plans; organizing and facilitating workshops and support groups; assisting families to plan for and make summer connections, community connections, plan for life after school; assist	Community Living Prince Edward

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		families to access a range of developmental services by completing the initial point of contact and referral packages.	
Girls ROCK it!	Grades 7 – 8	GRI is an in-school program designed to support personal, social, and emotional well-being, helping students gain a sense of belonging within their school and larger community. GRI promotes youth leadership, positive communication skills, self-confidence, healthy relationships and reducing harmful behaviours. Programming provides students with an opportunity to discuss the issues they face with positive role models in a safe space.	ROC & Prince Edward County Youth Center
GUY TIME	Grades 7 – 8	GT is an in-school program designed to support personal, social, and emotional wellbeing, helping students gain a sense of belonging within their school and larger community. GT promotes youth leadership, positive communication skills, self-confidence and healthy relationships. Programming additionally focuses on identifying and reducing harmful behaviours in male youth. GT provides students with an opportunity to discuss the issues they face with positive role models in a safe space.	ROC & Prince Edward County Youth Center
Healthy Food Healthy Families	Families with young children	PELC has begun a new partnership with The Hub to enrich a monthly family dinner program offering family literacy and healthy eating tips to parents. Parents cook with the good food box then get to leave with it.	Prince Edward Learning Centre
Musical Instrument Lending Library (M.I.L.L.)	All ages	A fully stocked library of musical instruments and sheet music available to be checked out and taken home, or used within the Milford or Bloomfield Branches of the Library.	Prince Edward Public Library
PEC Youth Centre Drop-in	Ages 12-18	Mentorship, Homework Help, Workshops, Skills Development Programs, Post-Secondary Support, Resume writing, Interview and Employment support, Computer Stations, Cooking, Baking, Creative Arts, Music, Drama, Ping Pong, Foosball, Pool Table, Board Games, and more! Supports youth in making positive connections with peers and adult mentors.	ROC & Prince Edward County Youth Center
Resource Consultants		Provide supports and services for families with a child requiring assistance in some area of their development. Supports and Services include: Individualized case management based on family priorities, goals and needs; home visits and/or office consults; support to facilitate inclusion in child care programs; providing strategies and specialized toys/resources; sharing information; facilitating workshops and training; Service Coordination and connecting families with community resources and services; support with the transition to school; advocacy; facilitating inclusion; assist families to apply for and utilize various funding sources; assist families to develop respite plans; organize and facilitate parent workshops and support groups.	Community Living Prince Edward
SMART Recovery Program	Grades 9 – 12	SMART is a program for recovery from addictive behavior. The program supports teens who have chosen to abstain or are considering abstinence from any type of addictive behavior, (ex. substance abuse, smoking, cutting and eating disorders). The program additionally supports teens who are living with people challenged by addictions. It provides a variety of tools, methods, worksheets, and exercises to help teens self-manage addiction recovery and their life.	ROC & Prince Edward County Youth Center
So You've Been Accepted	Ages 15+	Series for youth proceeding to post-secondary education. Topics include finances, navigating school resources, next steps/realistic prep.	Prince Edward Public Library
Song Circle	All ages	Weekly after school-timed program that allows students participate in musical jam sessions with a local musician/lyricist. Students can also borrow musical instruments to	Prince Edward Public Library

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		participate and take home through the Musical Instrument Lending Library (M.I.L.L.)	
Wrap Around Initiative	Ages 12-19	Provide wrap around supports and services to Youth based on the needs identified and level of risk. Provide one on one educational supports, and also advocating for youth educationally. Work with parents and connect them to the services they need.	Quantum
Youth 2 Youth Summit	Youth ages 13-29	Free, one day summit aimed to connect youth in Hastings, Prince Edward and Lennox & Addington Counties as well as Belleville and Quinte West. Keynote speaker, Ryan Porter provided a youth-focused presentation and workshop to start off the event. In the afternoon, youth participate in engaging discussions and networking with peers, professionals, and community leaders regarding local issues and topics of interest.	Center For Workforce Development
Youth Advisory Committee	Grades 9 – 12	Participants learn specific knowledge and skills related to leadership, governance & activism. The Youth Advisory Committee provides members with a platform to voice their opinions on the issues and topics most important to them. Members meet on a monthly basis to work together to create social change for their peers in Prince Edward County.	ROC & Prince Edward County Youth Center
Youth Advisory Groups	Ages 12-19	Support Quantum youth to be on advisory groups (CAS, Youth Empowerment). Arrange for Volunteer Information Quinte to provide services at the hubs to connect youth to volunteer opportunities.	Quantum
Youth in Transition		Works directly in schools with guest speakers/workshops. "Wreck this Journal" 4-8 week series. Working with students building interpersonal skills. Students work with peers to help barriers, build self confidence, and awareness. Abassadors for Inclusion work with leaders in the school training to be leaders ensuring all students are getting the same memories and experience as them	Community Living Prince Edward
Youth Linked-In	Ages 12-18	Connects teens with volunteer opportunities in community agencies and County events.	ROC & Prince Edward County Youth Center