



Exploring Home-Sharing Opportunities for Seniors

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# **Introduction to The County Foundation**

Who are we, and why are we exploring senior home-sharing?

#### **About The County Foundation...**

- One of 201 Community Foundations of Canada
- Our vision: Working together to build a place where everyone belongs and all can thrive
- → 3 core activities:
  - Creating funds for charitable purposes and helping distribute grants
  - Working with community partners to support positive, community-led action in PEC
  - Producing Vital Signs reports to inform decision-making related to community well-being.





## Why are we exploring home-sharing?

- Vital Signs is currently involved in the Housing and Poverty Reduction Action Team of the Community Safety and Well-being Plan
- House-sharing is an alternative form of housing that is successful in many other communities with large senior populations
- This webinar is an opportunity to share what we've learned, and to gather feedback







#### Introduction to Home-Sharing

What is home-sharing, and why might it interest seniors in particular?

### What housing concerns are seniors commonly facing?

- Lack of sufficient income after retirement
- Lack of money and energy to maintain a house
  - Overhousing having a house that is far larger and harder to maintain than needed
- Social isolation due to living alone
- Overall lack of affordable housing
- Giving up independence due to selling a house or entering a care home





#### What is home-sharing?

- → From HomeShare International, "homesharing is an arrangement by which two or more unrelated people share a dwelling within which each retains a private space."
- Each person has their own space a bedroom, sometimes a private bathroom
- Communal spaces kitchen, living room are shared with housemate(s)





### How can home-sharing benefit seniors?

- → Decreases cost of housing
- Opportunity for companionship
- Splitting chores makes housework and maintenance easier
  - Allows people to keep their house instead of being forced to sell due to unsustainable maintenance needs
- Opportunity to give back to the community and help someone in need of housing





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### Has home-sharing been successful for other areas?

- Canada HomeShare matches post-secondary students with older adults with space to rent, operating in many areas including Kingston and Belleville
- Golden Girls provides support and advice for seniors (women or men) interested in co-housing with other seniors
- Abbeyfield homes the home is managed by a board of directors and seniors may apply; each person has a personal suite and shares some common areas with housemates





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#### **Home-Sharing in PEC**

So, how would a home-sharing program work in the County?

## How could home-sharing benefit the population of PEC?

- In 2021, a third of PEC's population was 65 or older – that's 8,605 people<sup>1</sup>
- → 27% of households 3,005 households were occupied by one person; 1,750 are widowed<sup>2</sup>
- PEC has a critical workforce shortage, intensified by lack of attainable housing:
  - Median house prices increased 79% from 2020-2021<sup>4</sup>
  - → Rental availability is among the lowest in Ontario
  - Lack of attainable housing makes it difficult to attract physicians, health care professionals, child care workers, tradespeople and workers in general





## What could a home-sharing program look like in the County?

- Specific to PEC and focused on addressing PEC's unique needs
- → There are two options we're currently exploring:
  - Seniors with space to rent in their home living with workers in need of housing
  - → Seniors could also live with other seniors
- We are hoping to create a database which would connect interested home-seekers and home-providers





## Would there be screening for safety and compatibility?

- We hope to include a pre-screening process to help participants connect with compatible housemates
- This could require a Vulnerable Sector Check and letters of reference
- → There could be compatibility questions, including:
  - Lifestyle e.g. cleanliness
  - Pet ownership
  - Smoking
  - Space to park a car







#### **Next Steps**

What's next for a potential home-sharing program in PEC?

### What are the next steps for The County Foundation?

- → Working with PEC Affordable Housing Corp.
- Proposed collaboration with York University to:
  - Gauge interest from potential home providers and home seekers
  - Seek legal advice in the preparation of support documents
  - Prepare a pre-screening application form
- Keeping Community Care for Seniors updated on developments







### Questions? Comments?

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#### **Frequently asked questions**

- → Will compatibility of lifestyle between senior homeowners and potential tenants be considered?
- → What safety measures are in place to protect seniors participating in home-share programs?
- → Are there any financial arrangements involved?
- → Can seniors choose who they share their home with?
- → Are there any legal considerations or agreements involved?
- → What support services are provided to seniors?
- → How can seniors get involved or apply for a home-share program in their area?



#### **Resources**

- → More about The County Foundation
- → <u>Vital Signs data and past reports</u>
- → <u>Canada HomeShare program</u> and <u>HomeShare Loyalist</u>
- → <u>Cohousing Options Canada</u>
- → Examples of seniors co-housing from the National Institute on Ageing (NIA)



#### Thank you

Our thanks to PEC Community Care for Seniors for this opportunity and to you for your time and questions.

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